

COMMUNITY ASSISTANCE NETWORK

Children, Family & Futures

BEAR VALLEY COMMUNITY NETWORK

MINUTES

May 17, 2004

Parks and Recreation Community Room

41220 Park Avenue

Big Bear Lake, CA

In Attendance:

Austin, Julie	DOVES Outreach		909-866-1546
Bingham, Shelley	FCC	sbingham@charterinternet.com	909-866-5721
Craft, Danita	Literacy Specialist	bblit@lib.sbcounty.gov	909-866-4512
Holzer-Tennity, Elaine	Hummingbird Project	tetennity@aol.com	909-584-7158
Jaquish, Mary	First 5 San Bernardino	mjaquish@hss.sbcounty.gov	909-386-7706
Lozano, Ray	Big Bear Youth 2 Youth	RI4dfy@hotmail.com	909-878-3302
Perry, Tanya	Healthy Start		909-585-6257
Ramsey, Elizabeth	Lutheran Social Services	Wings2ook@earthlink.net	909-866-5070
Smith, Bruce	Dept. of Public Health	bsmith@dph.sbcounty.gov	909-383-3057
Taylor, Sue	Children's Network	staylor@hss.sbcounty.gov	909-387-4364
Williams, Tammy	Children's Network	tttwilliams@hss.sbcounty.gov	909-387-5365

1. Welcome and Introductions

Everyone was welcomed and self-introductions were made.

2. Additions/Deletions to Agenda

There were no additions or deletions to the Agenda.

3. Approval of April Minutes

Minutes were approved as submitted with the following correction: Page 2 under Eileen Hofer – May 2nd event was a community event held at the Convention Center sponsored by Big Bear Lake Association. Tanya reported it was a fun event that was well attended.

4. Guest Speaker: Dr. Bruce Smith, MD – Department of Public Health, Maternal Health – AIDS Clinic – Perinatal Leadership Team Activities – “Drug Babies”

Please see attached powerpoint presentation for details on presentation.

Some highlights from his presentation were:

- Dr. Smith relayed an interesting story about an employee whom was desperate for help whom had been using drugs and was pregnant.
- Since 1992, the Perinatal Coalition has been tackling the problem of perinatal substance abuse, but not as successful as they would have liked.

- In 1992 a blind study was conducted in San Bernardino County hospitals that perform deliveries with every woman's urine tested. Some of the results were: the most common drug used was alcohol, which stays in the system for 8 to 12 hours; San Bernardino County had the highest methamphetamine production; cocaine usage was less than 1%; tobacco was self-reporting; most of the hospitals in the study reported no less than 10% results showed positive for drug usage; marijuana stays in the body 3 to 4 weeks because it attaches to the fat cells; and some drugs can be detected in the body from 24 to 48 hours.
- Alcoholics Anonymous it appears works much better for women and the 12-step program works better for men.
- Another interesting fact was that low birth weight due to FAS (Fetal Alcohol Syndrome) usually does not appear on the birth certificate.
- Dr. Smith mentioned back in the 70's it was common practice to give women alcohol during labor, but thank goodness the practice has stopped.
- Tobacco causes spasm of arterial walls.
- The Chief Juvenile Court Judge reviews cases regularly and refers families for drug treatment.
- The focus on the work being done now is through Dr. Chasnoff's Research Triangle out of Chicago.
- Dr. Smith stated that it is important pregnant women, along with their mothers, understand no drugs, alcohol, or cigarettes are permissible during pregnancy.
- Dr. Smith is coordinating this project with multiple insurance providers such as: IEHP; Medi-Cal; Blue Shield; Blue Cross Blue Shield; Pacific Care; and Kaiser to assure all pregnant women will be screened for perinatal substance abuse.
- Two Mental Health Staff persons have been appointed to this project and will be working in the OB/GYN offices for the purpose of referral and treatment of pregnant women needing alcohol and drug abuse counseling.
- On Thursday, May 20th the Children's SART (Screening Assessment Referral Treatment) team has formed to begin the Plan to Plan for assessment, referral and treatment of children zero to five whom have been exposed prenatal to drugs and alcohol.
- Dr. Smith stated his main purpose today was to educate the community on the activities of the Perinatal Leadership Team as well as what they can do on an individual basis.
- On an individual basis, Dr. Smith suggested to: mention to women you might encounter using alcohol, drugs, or cigarettes to stop immediately; and mention to your elected officials for this area Supervisor Hansberger the cost of perinatal substance abuse and the work that is still needed to be done.

Questions and Comments:

- Is the Children's SART going to focus on resisting medication as the primary treatment?
Response: Yes, the Children's SART will be developing some behavior modalities and forms of assessment and treatment for prenatal exposed children.
- There was further discussion about some physicians prescribing Ritalin for children with brain damage, which would not be the best course of treatment.
- Another response mentioned was to make sure that the child's dietary intake is considered prior to drugs being prescribed.

5. Handouts and Round Table Discussion

Quick Notes:

- Healthy Start Family Fun Night planning meeting will be held on June 14th at 3 p.m. at the Parks and Rec. Department.
- All Children's Network collaboratives will be dark during August
- Brian Thomson will be back in June to share the Child Welfare Services Redesign numbers.
- Sue Taylor passed out the Save the Date card (September 29th and 30th) for the 18th Annual Children's Network Conference as well as the Exhibitor Applications and reminded everyone the keynote speaker will be Dr. Ira Chasnoff.
- Conference will cost \$150 for both days, \$125 for one day.
- If you have any questions on the conference, please call Sue Taylor at (909) 387-4364
- Mary Jaquish reminded everyone to take a look at the May Funding Opportunities she provided.
- Sue Taylor shared the master set of child abuse prevention materials that can be copied and your agencies' logo put on it for distribution purposes.
- The conference this year has lots of new exciting workshops and it is expected the attendance will probably be at least 800.

6. Next Meeting Date: June 21, 2004
Parks and Rec. Community Room
41220 Park Ave, Big Bear Lake

Respectfully Submitted

Tammy Williams, Children's Network
Bear Valley Community Network Recording Secretary

TGW/lmm